

We're big believers in the power of play — and it's never been more necessary than it is now.

We're sharing these three activities from our new book, *The Nature of Play: A handbook of nature-based activities for all seasons*, as free printable activities to explore at home. And whether you're remaining indoors or not, they offer a chance to slow down, connect once more with the world outside, and lose yourself in your imagination.

Like all the activities in *The Nature of Play*, they're simple, seasonal, require little more than curiosity, and provide a precious few minutes of calm enjoyment for children (and brief respite for adults!).

Please enjoy, share — and show us your wonderful creations on Instagram (@fannyandalexander).

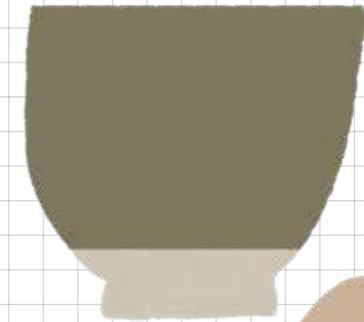
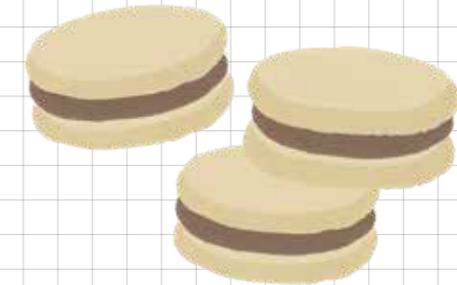
For a year of making, exploring and wondering, purchase the full book here: <http://fannyandalexander.co.uk/book>

ALFAJORES

These buttery biscuits are traditionally eaten around Christmas-time in Spain and parts of Latin America — but they're absolutely delicious any time of year.

75 MINS
PREP
8 TO 10
MINS
COOKING

INGREDIENTS
300g plain flour
200g butter
1 egg
100g sugar
Dulce de leche



Put the plain flour in a bowl and make a small hole in the centre. Add your room-temperature butter, egg and sugar to the bowl in the hole you've made. Use a fork and light mixing movements to gently combine the ingredients into a soft dough. Rest dough in the fridge for two hours. On a flour-sprinkled table, use a rolling pin dusted with flour to gently roll the dough out as thinly as possible. Use a small glass to press out rounds of your dough and place on a baking tray. Cook them in an oven at 175°C for 8 minutes or until dark beige. Allow to cool and then sandwich two together with dulce de leche.